

Hamilton College Baseball Winter Hitting/Throwing Workshops Begin January 8th

The Hamilton College baseball team will be holding a series of hitting and throwing workshops in January and February at the Margaret Bundy Scott Field House. The workshops are for players ages 13-18. The first workshop will be held on Jan 8th followed by workshops on Jan 15th, Jan 22nd, Jan 29th, Feb 5th, and Feb 12th.

Each workshop will run from 9 a.m. to 11 a.m. and costs \$25. Players may stay for the full two hours or leave when they would like. The price to register for all six sessions is \$100. The workshops include hitting stations and throwing/pitching instruction will be available. Hamilton College head coach Tim Byrnes will be running the workshops along with his assistant coaches and current players.

Pre-registration is recommended by sending an e-mail to tbyrnes@hamilton.edu or by calling the office at 315-859-4928. All payments will be taken at the workshops. Groups who register with 5 or more will be charged \$20/person per session. Please provide name, address, age, school and session selected. Registration at the door is also available, although space at each workshop may become limited.